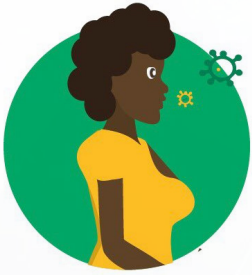




GORENG KE TSHWANETSE GO DIRISA SESIRELE TSA-SEFATLHEGO SA LETSELA FA KE YA KWA GO LENG BATHO TENG?



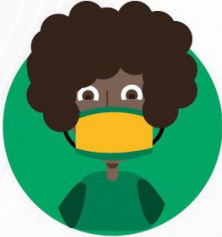
Rotlhe re tla ungelwa tota fa re rwala disireletsa-sefatlhego gore re fokotse Coronavirus kgotsa marothodinyana a mogare wa letshoroma go tswa mo bathong ba ba tshwaeditsweng fa ba gotlholo.
Batho bagwe ba ba tshwaeditsweng ba ka tlhoka ditshupo tsa Coronavirus kgotsa ba se itse gore ba na le yona. Mongwe le mongwe o tshwanetse go rwala sesireletsa-sefatlhego.

LEFAPHA LA BOITEKANELO LA BOSETSHABA LE ATLENEGISITSE GORE



Ma-Aforikika Borwa ba tshwanetse go rwala disireletsa-sefatlhego tsa LETSELA fa ba le fa gare ga batho go thibela go anama ga COVID-19.

LEFAPHA LA BOITEKANELO LA BOSETSHABA LE ATLENEGISITSE GORE



Mongwe le mongwe o tshwanetse go rwala **sesireletsa-sefatlhego sa LETSELA** fa a le fa gare ga batho



Setshaba ga se a tshwanela go dirisa disireletsa-sefatlhego tsa N-95 le tse di diriswang kwa maakelong; **Tsona di beetswe fela ba ba dirang ka tsa boitekanelo.**



Go tlhapa diatla le go katoga motho yo mongwe e santse e le mokgwa o o botlhokwa wa go thibela COVID-19

MOKGWA WA GO DIRISA

SESIRELE TSA-SEFATLHEGO SA LETSELA

- Sesireletsa-sefatlhego se tshwanetse go thiba nko le molomo gotlhelele.
- O seke wa tlosa sesireletsa-sefatlhego mo molomong fa o bua, o gotlholo kgotsa o ethimola
- O seke wa tshwaratshwara sesireletsa-sefatlhego gantsintsi.
- Bokafagare jwa sesireletsa-sefatlhego bo se tshwarwe ka diatla
- Tlhapa diatla fa o sena go rola sesireletsa-sefatlhego sa letsela.
- Tlhatswa disireletsa-sefatlhego tsa letsela ka metsi a a bothitho a a nang le sesepa mme o di tsutsubolole fa di omile.
- Motho mongwe le mongwe o tshwanetse go nna le disireletsa-sefatlhego di le 2 gore a nne le se a se dirisang fa sengwe se santse se tlhatswiwa.